

Packing List

CAMP KOINONIA

What to Bring:

- A Bible
- Casual, comfortable clothes for six days. (appropriate apparel includes jeans, casual pants, capris pants, shorts or skirts, modest shirts and/or blouses.
Important dress-code information: shorts should have at least a 4" inseam and skirts no shorter than the knee. Shorts and skirts should be loose-fitting. Shirts should cover at least the belt line and must be at least 3" wide at the shoulder. No halters or spaghetti straps. If you have a question about it, DON'T BRING IT.)
- Athletic-type clothes for games time every day (must comply with dress code stated above)
- Two sets of clothes to get messy and wet, including shoes (for water days)
- Comfortable walking shoes
- A couple of pens or pencils
- A journal or pad of paper for notes and reflections
- Sleeping bag or sheets and blanket
- Pillow and case
- Wash cloths and towels (at LEAST two towels)
- Soap, toothpaste/brush, deodorant and other toiletries (packaged so they are easy to carry back and forth to showers)
- Flip-flops (to wear back and forth to the showers)
- Flashlight with good batteries
- Mosquito repellent (a small tube of cream is better than one large spray)
- Sunscreen, sunscreen, sunscreen!
- A non-breakable plastic cup or bottle for water!
- Swimsuit (Though there is no mixed swimming, bathing suits should still be modest - one piece, tank-ini, or t-shirt worn over swimsuit.)
- A few sheets of paper and PRE-STAMPED envelopes or postcards for writing letters home, if desired. (Camp K does not provide stamps for campers.)

ATTENTION: At Camp Koinonia, we depend on our parents to help campers determine appropriately modest clothing. While the style seems to constantly change, our standards for modesty have not. It is unfortunate, but we have learned from experience to ask that this standard modesty be prescribed. Parents, please be conscious of length and fit of ALL clothing. It is your primary responsibility. However, the Camp Director reserves the right to have the final say on what is appropriate and acceptable clothing for Camp Koinonia.

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Optional Items to Bring:

- Camera
- Frisbees, ball glove, balls, etc (There is free time every day)
- Cards, small table games, etc for free time
- Personal-sized fan for use in cabins
- Specialized footwear, including hiking boots, running shoes, and aqua socks/river shoes
- Inner tubes or other items for water fun
- Sunglasses
- A clean white t-shirt for arts/crafts time
- Necessary equipment or props for an individual talent performance. (These will be kept in storage except for the time of performance. **TALENT NOTE:** If you have an individual or small group "talent" you would like to present at camp, we ask that you be prepared **before** you come to camp. Sign-ups for nightly Follies will start at registration.)

What NOT to Bring:

- Any additional money (ALL EXPENSES are paid already; extra money is only there to be lost)
- **NO electronics** (*Cell phones, iPods, video games, radios, walkman, etc.*)
- Tobacco, drugs, or alcohol of any kind
- Guns, knives, or any other weapon
- Pets
- Food of any kind (nothing attracts ants and scorpions to the cabins better than food!)
- Over the counter medications (The medical staff will be well-supplied for normal ailments. If you have particular brands that you wish to send, be sure to turn them into the medical staff with your name on it and they will be returned to you at the end of camp. You need to be aware that **WE DO GIVE OVER THE COUNTER MEDICATIONS** to any camper who requests help with symptoms they are experiencing, unless instructed otherwise. These medications are administered per the manufacturer's instructions.)
- **Bad Attitudes!!!!**